

Programs

In recent years: The Mayo Clinic-Spirituality Grand Rounds, The Holocaust Museum-Wash., DC, OHSU Center for Women's Health-Foundation, Portland, OR, Church of the Brethren-Elders Conference, LifeSprk (formerly AgeWell), Congregation Bet Ha'Am-Portland, Maine, St. Thomas Law School-Mpls, The American Heart Association, Shakopee Women's Prison-MN, Women of Reform Judaism, AACVPR (Cardiac Rehab Association), Midwest Scrapbook Convention, MN Bar Association, Union of Reform Judaism Biennial, St. Patrick's Catholic Church-Oak Grove, MN, LutheranCare NE Forum on Spirituality and Aging, NY, and more.

PBS Religion and Ethics Newsweekly
The Value of Values in Philanthropic Planning, OHSU Foundation, Portland, OR
Gift Planning Workshop, Oregon Health & Science University Foundation, Portland, OR
Estate Law Class, St. Thomas Law School, Minneapolis, MN
Synagogue Development Directors, Union for Reform Judaism, Houston, TX
The Goal Cultivators Entrepreneurs Group, Minneapolis, MN
Minnesota Planned Giving Council, St. Paul, MN
Business & Professional Women's Division, Minneapolis Jewish Federation, MN

Pathways, A Health Crisis Resource Center, Minneapolis, MN
Minnesota Coalition for Death Education & Support, St. Paul, MN
Multiple Sclerosis Family Day Conference, MS Society, Minnesota Chapter
Voices Set Free - Violence Against Women & Children, Creating Connections, Portland, OR
GoRedforWomen, American Heart Association
Center for Spirituality and Healing, University of Minnesota, Minneapolis, MN
WisdomWays Center for Spirituality, St. Paul, MN
Sitka Center for Art and Ecology, Otis, Oregon

Legacy Stories Conference, Sacramento, CA International Reminiscence & Life Review Conference, Chicago, IL LifeDeathAfterDeath – National Conference, Pathways, Minneapolis, MN The Friends of the St. Paul Public Library

LifeLearning, University of Minnesota, St. Paul, MN, Minnesota Writers Project, University of Minnesota, Minneapolis, MN

Union for Reform Judaism, Summer Retreat, NH; 44th National Assembly of Women of Reform Judaism; Congregation Beth Israel, San Diego, CA; Midwest Federation of Temple Sisterhoods; JFCS, Giving the Gift of a Lifetime, Minneapolis, MN; Twin Cities Jewish Healing, St. Paul, MN; JRN (Jewish Recovery Network) Legacy & Its Relationship to the 12 Steps, Minneapolis, MN; UJC: New Haven, CT; Ventura+Palm Springs, CA; Milwaukee, WI; Tampa+Boca Raton, FL; Harrisburg, PA; Kansas City+St. Louis, MO; Montgomery, AL; St. Paul+Minneapolis, MN; Albuquerque+Santa Fe, NM; Richmond, VA

Legacy Writing Retreats 2005-2014: Mexico City, Mexico; North Woods, MN; Temecula, Ca; Boca Raton, FL; Mt. Hood, OR; Loquillo, Puerto Rico.



Publications

- **Your Legacy Matters**, harvesting the love and lessons of your life: a multi-generational guide for writing your ethical will 2013, MinervaPress.
- My Financial Legacy (Monograph) 2013, MinervaPress.
- **Women's Lives, Women's Legacies**, passing your beliefs and blessings to future generations (creating your own ethical will), 2003, Fairview Press, Revised 2012, MinervaPress.
- The Legacy Workbook for the Busy Woman, weaving legacy blessings and words of wisdom for future generations, (a step-by-step guide for writing a spiritual-ethical will in 2 hours or less), 2005, Revised 2012, MinervaPress.
- **Heartmates**: a guide for the partner and family of the heart patient, (Revised 25th Anniversary Edition 2012), MinervaPress.
- **The Heartmates Meditation Journal**, a companion for partners of people with heart disease, 1995, Revised 2012, MinervaPress.
- "Art, Aging and Legacies," A Conversation with Lili Artel, in Conversations on Creativity, Activism and Jewish Feminist Identity, *Bridges, A Feminist Journal*, Spring, 2011, Volume 16, #1.
- "The Ethical Will: The Most Important Document We Will Ever Write," *Caring Connections*, An Inter-Lutheran Journal for Practitioners and Teachers of Pastoral Care and Counseling, Volume 6, #1, Spring 2009.
- "Mourning Miriam: A Modern Midrash," Bridges, A Feminist Journal, Spring, 2007, Volume 12, #1.
- Women's Legacies Circles Facilitators' Guide, 2004, MinervaPress.
- "Grandma Minnie's Legacy," and "High Holy Days and the Spiritual-Ethical Will," Being Jewish, 2003, 2001.
- "Reflecting Our Genesis," *Minnesota Genealogist*, Autumn, 1999, Vol. 30, #3.
- The Ethical Will: A New Tool to Help Women Givers," *Minnesota Law & Politics*, "Wealth Management Section," March, 2001, #125.
- The Cardiac Family Program Training Manual, 1990, MinervaPress.
- Portrait of the Heartmate, 1989; Hugo Award-winning video-series: creator, writer, and producer.
- "Life Review: A Natural Process," *Readings in Psychosynthesis Theory, Process, & Practice*, The Ontario Institute for Studies in Education, The Department of Applied Psychology, Toronto, 1985 [FKA Rhoda F. Levin].